



CBF FIELD TRIP PARTICIPANT INFORMATION

For most programs the entire trip will take place outside, or on the water. On the Bay it can feel at least 10° - 15° F *cooler* than on land.

APPROPRIATE CLOTHING FOR WEATHER CONDITIONS IS ESSENTIAL!

BOAT/CANOE - ONE DAY TRIP

WHAT TO BRING:

- bag lunch
- water (at least a quart)
- extra clothes, socks and shoes
- sunscreen, sunglasses, lip balm
- rain gear (if rain is forecast)
- camera, binoculars (OPTIONAL)

(All extra gear should be packed in a waterproof bag)

TEACHERS/GROUP LEADERS: BRING EXTRA BEVERAGES IN VERY HOT OR VERY COLD WEATHER!

WHAT TO WEAR:

- Warm weather
- brimmed hat
 - old tennis shoes (NO open toed shoes or aqua socks)
 - comfortable, old clothing that you will not mind getting wet or dirty
- Cold weather
- warm, hooded waterproof coat
 - warm hat , gloves, scarf (wool, fleece are best)
 - layers of clothing (for warmth)
 - waterproof footwear

MULTI-DAY TRIP/ CAMPING TRIP

WHAT TO BRING:

- food for participants and three CBF staff
- clothes for 3 days (pants, long and short sleeve)
- extra clothes and shoes to get wet/muddy
- handkerchief/bandanna to use as a napkin
- insect repellent
- towel, soap
- rain gear (**EVEN IF RAIN IS NOT FORECAST**)
- plastic bag to bring home wet clothing
- sleeping bag
- plain T-shirt for fish printing
- water bottle (mandatory)
- toothbrush/toothpaste
- pillow, flashlight (optional)

WHAT TO WEAR:

Same as Boat/Canoe – One Day Trip (above).

CBF PROVIDES TENTS, STOVES, AND POTS FOR CAMPERS AT CLAGETT FARM. PARTICIPANTS NEED TO BRING REUSABLE EATING UTENSILS (plate, cup, bowl, fork, knife, and spoon). DRINKABLE WATER IS AVAILABLE AND BATHROOM FACILITIES ARE PROVIDED.

CERTIFICATIONS, LICENSES, INSURANCE and INSPECTIONS:

- √ All CBF trip leaders are certified in first aid and life saving methods annually (Wilderness First Response).
- √ All boat captains are licensed by the United States Coast Guard to operate a power boat.
- √ CBF carries liability insurance for any occurrence on land and water.
- √ All CBF vessels are inspected annually by the Coast Guard to be seaworthy.

CANCELLATIONS DUE TO WEATHER:

CBF field trips will only cancel in the case of *severe* weather (extreme heat/cold, lightning, or high winds). Chesapeake Bay Foundation will contact teachers or group leaders in case of a cancellation due to severe weather.

CBF FIELD TRIP REGULATIONS:*GENERAL (ALL PROGRAMS)*

1. No radios, tape/CD players, video games.
2. Non-skid, closed toe shoes must be worn at all times.
3. No smoking, alcoholic beverages, or illegal drugs allowed.
4. No pets.
5. No guests (infant, child or adult)
6. No horseplay or racing.
7. Chesapeake Bay Foundation is not responsible for lost, damaged, or stolen valuables.

BOAT SAFETY

1. All minor participants must wear life jackets at all times- including while getting on and off boats.
2. While on boats all participants must obey the captain.
3. Get on and off the boat one at a time; per the captains' instruction.
4. Keep hands and feet inside the boat at all times, especially while the boat is leaving or coming into the dock.

ISLAND FACILITIES

1. Do not walk on any other dock other than the county dock of Chesapeake Bay Foundation, unless accompanied by a chaperone. Use a buddy system when walking around the island during free time.
2. Do not ride on motorbikes or cars.
3. House phone is for STAFF ONLY. No unauthorized use. No public telephone is available.
4. No food allowed in dorm rooms.
5. All biological specimens must remain in the lab.
6. All relics of historical value will remain at the facility.
7. Do not enter any bedroom other than your own, unless invited by staff.
8. Participants are responsible for any damage done to the facility. All damages will be reported to school authorities or the sponsoring organization for proper disciplinary action and monetary reimbursement.

**CBF TRIP LEADERS HAVE THE RIGHT AND RESPONSIBILITY TO
CANCEL A TRIP IN PROGRESS IF UNSAFE ACTIVITY BY
PARTICIPANTS WARRANTS IT!**